



NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS Public Health AmeriCorps Iowa Service Opportunity II

POSITION OVERVIEW:

Position Name: NACDD Public Health AmeriCorps Service Member

Position Type/Hours: Three Quarter Time/1200 hours

Service Location: Iowa State University (CCPH outreach programming).

Dr. Greg Welk

534 Wallace Ave

Forker Building

Ames, IA 50010.

515-294-3583

gwelk@iastate.edu

Living Allowance: \$7,144.00

Education Award: \$5,176.50

Total Award: \$12,320.50

PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The PHA service project will focus on building capacity in county health leaders, county extension offices and other agencies to promote and / or deliver physical activity programming in community settings. The project builds on current efforts to disseminate the evidence-based Walk with Ease (WWE) programming in community and worksite settings across Iowa (see www.walkwitheaseISU.org). The overall goals and strategies are aligned with Healthy Iowans goals as well as with the national Active People Healthy Nation and the Move Your Way campaigns. The programming is coordinated through a community-health outreach group called 'Community Connections for Public Health' (CCPH) that is managed within the Department of Kinesiology at Iowa State University (see www.ccphe.iastate.edu). The programming is also coordinated in collaboration with a community care hub known as the Iowa Community HUB which supports training and delivery of programming across the state. Thus, the PHA Service Member would have opportunities to gain experience and skills with public health programming at local, county and state levels. Specific responsibilities and roles are summarized below:

- Network with (and support) county health leaders involved in CCPH programming
- Assist with coordination of course-based service learning managed through the CCPH network
- Partner with state Extension specialists on promotion of WWE through county extension offices

- Assist with coordination of worksite versions of WWE to support working adults
- Facilitate promotion and marketing of WWE programming through the Iowa Community HUB.

DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- Hybrid service hours are acceptable with flexible scheduling (approximate 40% in-person / 60% virtual is envisioned).
- Service hours are planned for Monday-Friday but timing and scheduling is flexible.
- A maximum of 20% of service hours may be training, education, or other similar approved activities
- A maximum of 10% of service hours may be fundraising activities

DESIRED SKILLS & COMPETENCIES

The PHA Service Member will work as a member of teams involved in coordinating physical activity and health programming. The skills and competencies are aligned with community health and public health activities, but no specific foundational knowledge or competencies are required. Desired skills and competencies are below:

- Strong work ethic, creativity and a willingness to learn
- Good professional communication skills
- Experience with health promotion programming
- Skills with websites, social marketing and social media

NON-DISCRIMINATION NOTICE

- NACDD provides equal employment opportunities to applicants and employees without regard to race, color, national origin, gender identity, age, religion, sex, sexual orientation, disability, political affiliation, marital status, parental status, reprisal, genetic information, military service, protected veteran status, pregnancy, or submission of a complaint.

REQUIRED COMMITMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
 - The service year begins 09/30/2024 and ends 09/29/2025

ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program including their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- Be a citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#)
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule

OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be willing to comply with all Host Service Site vaccination requirements, including for COVID-19

PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$7,144.00 over the course of the term of service
- \$5,176.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members

HOW TO APPLY

- **Submit Your Application by 8/30/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:
<https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

FOR MORE INFORMATION

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors (tthomison@chronicdisease.org) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator (ccole@chronicdisease.org)
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)