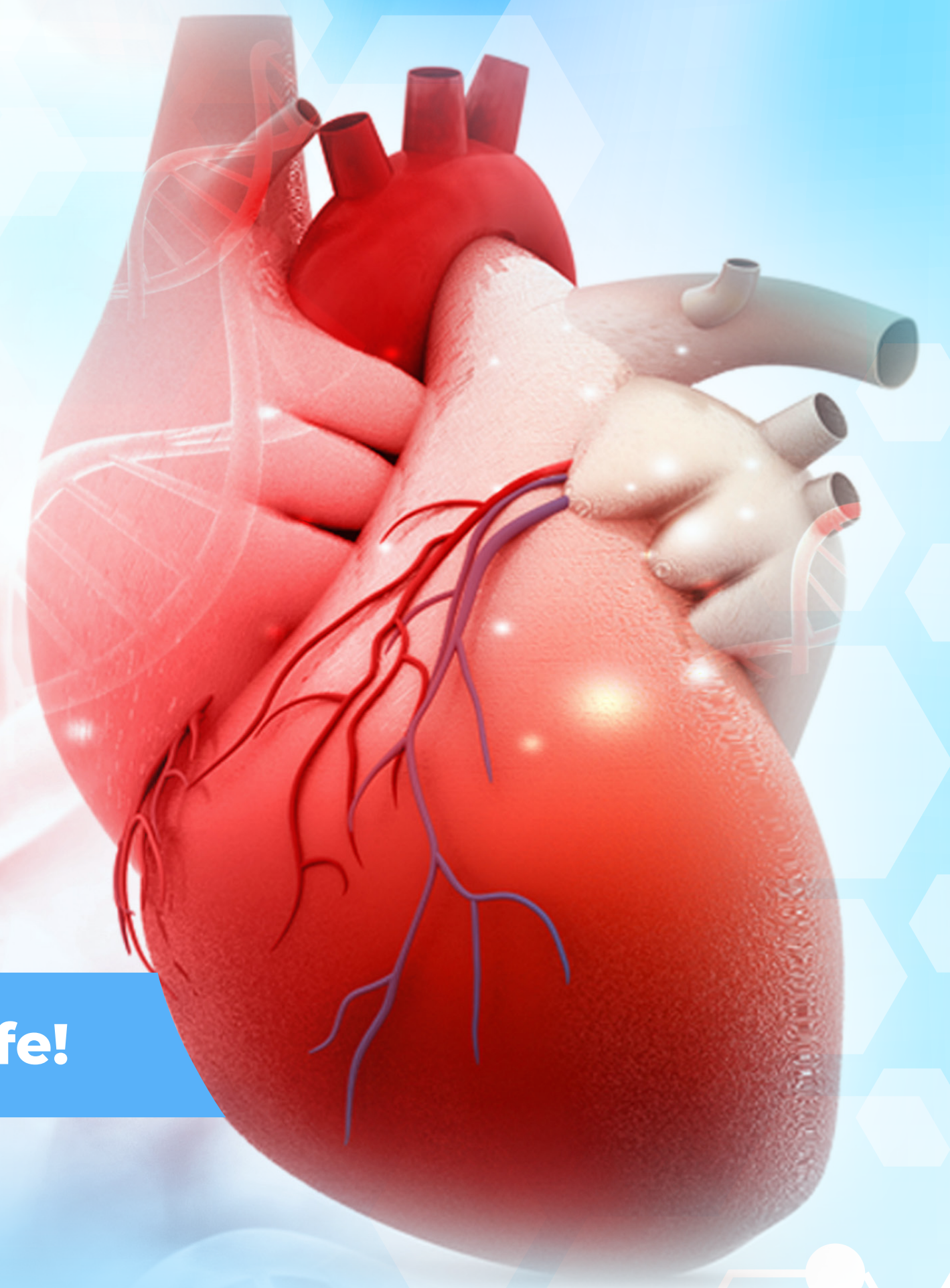


BE INFORMED BE AN ADVOCATE SURVIVE



Everyone has a heart: **Take Care of Yours & Live Your Best Life!**

Why is Cardiovascular Genetic Screening Important?



More than 1 in every 200 people have an inherited heart disease.



Inherited heart diseases are the leading causes of sudden death in young people.



Inherited gene abnormality does not automatically result in heart disease. Knowing your risk can help you understand and manage your health.



Benefits of Genetic & Clinical Screening

- **Detect heart disease that did not show up** in routine health exams. Early detection may prevent heart complications.
- **Make informed decisions** about heart health, including treatment options.
- **Help identify the cause of a heart condition** or other health issues.
- **Educate family members** who may be at risk of heart disease.
- **Learn about the chance that a pregnancy** will have a genetic condition.



Learn your risk for heart disease

If any family member experienced heart disease or any of the below health issues, consider genetic and clinical screening.

- **Heart failure** (younger than 60 years old)
- **Implantable cardioverter defibrillator (ICD) or pacemaker implant** (younger than 50 years old)
- **Heart transplant** (younger than 60 years old)
- **Unexplained seizures** or seizures with normal neurological evaluation
- **Unexplained cardiac arrest(s)** or sudden death
- **Multiple family members** with congenital heart defects
- **Sudden infant death syndrome (SIDS)**
- **Untreated LDL** (low-density lipoprotein) known as bad cholesterol ≥ 190
- **Exercise intolerance**
- **West African Ancestry** in your family
- **Diagnosed with** carpal tunnel syndrome



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The average cost of genetic testing is \$250

The average out-of-pocket cost is \$100