Why is Cardiovascular Genetic Screening Important?

- More than 1 in every 200 people have an inherited heart disease.
- Inherited heart diseases are the leading causes of sudden death in young people.
- Inherited gene abnormality does not automatically result in heart disease. Knowing your risk can help you understand and manage your health.

Benefits of Genetic & Clinical Screening

- Detect heart disease that did not show up in routine health exams. Early detection may prevent heart complications.
- Make informed decisions about heart health, including treatment options.
- Help identify the cause of a heart condition or other health issues.
- Educate family members who may be at risk of heart disease.
- Learn about the chance that a pregnancy will have a genetic condition.

Learn your risk for heart disease

If any family member experienced heart disease or any of the below health issues, consider genetic and clinical screening.

- Heart failure (younger than 60 years old)
- Implantable cardioverter defibrillator (ICD) or pacemaker implant (younger than 50 years old)
- Heart transplant (younger than 60 years old)
- Unexplained seizures or seizures with normal neurological evaluation
- Unexplained cardiac arrest(s) or sudden death
- Multiple family members with congenital heart defects
- Sudden infant death syndrome (SIDS)
- Untreated LDL (low-density lipoprotein) known as bad cholesterol ≥ 190
- Exercise intolerance
- West African Ancestry in your family
- Diagnosed with carpal tunnel syndrome

The average cost of genetic testing is $250

The average out-of-pocket cost is $100